

Anoka Rehab & Living Center						
Life Enrichment Calendar				April 2025		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Staff Leisure Rounds are completed every morning: daily calendar, daily perk, room order, and encourage different groups for the day. Heart2Heart Visits received daily by Staff.	2 10:00 Decorate Cookies - DR 11:00-1:00 Physio Step Fitness - DR 2:00 BINGO - DR 3:30 Paula's Leisure Cart	3 10:00 Hymn Sing with Lana - CH 10:30 Mind & Move Stretch - CH Manicures / Calming Hands 11:00-1:00 Physio Step Fitness - DR Afternoon Treat Cart Day! 2:45 Bible Trivia with Scott - CH 4:00 Games Club	4 10:00 Daily Portals of Prayer - CH 10:30 Zion Holy Communion Church with Pastor Sue - CH 11:00 Rhythm Music with Lana - CH 11:00-1:00 Physio Step Fitness - DR 2:00 BINGO! - DR 3:00 Scott's Trivia Time - CH 3:15 Tammy's Leisure Cart 6:00 Coloring	5 Friday Funnies Day! 9:30 Catholic Mass with Priest from St. Stephens - AL Chapel 10:15 Balloon Volleyball - DR 11:00-1:00 Physio Step Fitness - DR 2:00 Prayer Group with Chaplain Scott - CH 2:45 Men's Group - CH 3:00 Happy Hour - DR	6 10:30 Hymn Sing & Daily Portals of Prayer - CH 11:00 Exercises - CH 2:00 BINGO! - DR
6 10:00 Exercise Group - CH 11:00 Church Service with Riverdale Church Volunteers - CH 2:00 Trivia & Treats - CH	7 10:00 In Memoriam & Devotions with Chaplain Scott - CH 10:45 Coffee Time & Jokes - DR Manicures / Calming Hands 11:00-1:00 Physio Step Fitness - DR 2:00 Golden Tones Choir - DR 6:00 Card Making with Micki - ALCR	8 10:00 Portals of Prayer - CH 10:00 Resilience Class with Ximena - DR 11:00-1:00 Physio Step Fitness - DR 2:00 BINGO - DR 3:30 Paula's Leisure Cart	9 10:00 Hymn Sing with Lana - CH 10:30 Mindful Move Stretch - CH Manicures / Calming Hands 11:00-1:00 Physio Step Fitness - DR Afternoon Treat Cart Day! 2:00 Drumming Class with Lana - CH 4:00 Games Club	10 9:30 Larry's Art-4-All 11:00 Rhythm Music with Lana - CH 11:00-1:00 Physio Step Fitness - DR 2:00 BINGO! - DR 3:00 Scott's Trivia Time - CH 3:15 Tammy's Leisure Cart 6:00 Jigsaw Puzzles	11 Friday Funnies Day! 9:30 Rosary Group with Katie - CH (from St. Stephens) 10:00 Tone Chimes Choir - ALCR 11:00-1:00 Physio Step Fitness - DR 2:00 Prayer Group with Chaplain Scott - CH 2:45 Men's Group - CH	12 Passover Begins 10:30 Hymn Sing & Daily Portals of Prayer - CH 11:00 Exercises - CH 2:00 BINGO! - DR
13 Palm Sunday 10:00 Exercise Group - CH 11:00 Church Service with Riverdale Church Volunteers - CH 2:00 Trivia & Treats - CH	14 10:00 Devotions with Chaplain Scott - CH 10:45 Coffee Time & Jokes - DR Manicures / Calming Hands 11:00-1:00 Physio Step Fitness - DR 2:00 Piano Music w/ Robert Bozaich - DR 6:00 Card Games	15 10:00 Daily Portals of Prayer - CH 10:00 Resilience Class with Ximena - DR 11:00-1:00 Physio Step Fitness - DR 2:00 BINGO! - DR 3:30 Paula's Leisure Cart	16 10:00 Hymn Sing with Lana - CH 10:30 Mind & Move Stretch - CH Manicures / Calming Hands 11:00-1:00 Physio Step Fitness - DR Afternoon Treat Cart Day! 1:00-3:00 Ceramics w/ Michelle - ALCR 2:45 Bible Trivia with Scott - CH 4:00 Games Club 5:30 Family Council Meeting - CH	17 10:00 Daily Portals of Prayer - CH 10:00 Craft Group! - DR 11:00 Rhythm Music with Lana - CH 11:00-1:00 Physio Step Fitness - DR 2:00 BINGO! - DR 3:00 Scott's Trivia Time - CH 3:15 Tammy's Leisure Cart 6:00 Coloring	18 Good Friday 10:30 Bean Bag Toss - DR 11:00-1:00 Physio Step Fitness - DR 2:00 Prayer Group with Chaplain Scott - CH 2:45 Men's Group - CH Friday Funnies!	19 10:30 Hymn Sing & Daily Portals of Prayer - CH 11:00 Exercises - CH 2:00 BINGO! - DR
20 Easter Sunday 10:00 Exercise Group - CH 11:00 Church Service with Riverdale Church Volunteers - CH 2:00 Trivia & Treats - CH	21 10:00 Devotions with Chaplain Scott - CH 10:45 Coffee Time & Jokes - DR Manicures / Calming Hands 11:00-1:00 Physio Step Fitness - DR 2:00 Accordion Music with Lori Lachner - DR 6:00 Card Games	22 Earth Day 10:00 Daily Portals of Prayer - CH 10:00 Resilience Class with Ximena - DR 11:00-1:00 Physio Step Fitness - DR 2:00 BINGO! - DR 3:30 Paula's Leisure Cart	23 10:30 Mind & Move Stretch - CH Manicures / Calming Hands 11:00-1:00 Physio Step Fitness - DR Afternoon Treat Cart Day! 4:00 Games Club	24 10:00 Daily Portals of Prayer - CH 11:00-1:00 Physio Step Fitness - DR 2:00 BINGO! - DR 3:00 Scott's Trivia Time - CH 3:15 Leisure Cart 6:00 Jigsaw Puzzles	25 Friday Funnies Day! 9:30 Rosary Group with Katie - CH (from St. Stephens) 10:00 Tone Chimes Choir - ALCR 11:00-1:00 Physio Step Fitness - DR 2:00 James Shaw Piano Music 2:00 Prayer Group with Chaplain Scott - CH 2:45 Men's Group	26 10:30 Hymn Sing & Daily Portals of Prayer - CH 11:00 Exercises - CH 2:00 BINGO! - DR
27 10:00 Exercise Group - CH 11:00 Church Service with Riverdale Church Volunteers - CH 2:00 Trivia & Treats - CH	28 <i>Ximena and Lana Off</i> 10:00 Devotions with Chaplain Scott - CH 10:45 Coffee Time & Jokes - DR Manicures / Calming Hands 11:00-1:00 Physio Step Fitness - DR 2:00 Music Entertainment - DR 6:00 Card Games	29 10:00 Daily Portals of Prayer - CH 10:00 Resilience Class with Ximena - DR 11:00-1:00 Physio Step Fitness - DR 2:00 BINGO! - DR 3:30 Paula's Leisure Cart	30 10:00 Hymn Sing with Lana - CH 10:30 Mind & Move Stretch - CH Manicures / Calming Hands 11:00-1:00 Physio Step Fitness - DR Afternoon Treat Cart Day! 2:00 Food Council Meeting - CH 2:30 Resident Council Meeting - CH	Bistro Open: 12:30pm-1:30pm Calendar is Subject to Change. The Daily Calendar reflects modifications. Groups may be paused due to unforeseen reasons. Do not hesitate to call staff for escort to groups. Please call if you have any questions. #763-528-6463	ACTIVITY KEY: CH = Chapel DR = Dining Room ALCR = Assisted Living Community Room Special Event/Visitors Spritual Activity	