



Rochester Rehab & Living Center

Life Enrichment Calendar

January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday							
<p>Calendar is subject to change.</p> <p>1:1's Happen Daily</p>	<p>Most activities are held in Prairie Dining Room/Living Room unless otherwise noted on the calendar.</p>	 <p>HAPPY NEW YEAR!!!</p>	<p>New Year's Day 1</p>	<p>10:00am Dual Task Exercise Daily Devotional/Daily Chronical</p> <p>2:30pm Game of Choice</p> <p style="text-align: right;">2</p>	<p>10:00am Music Therapy Card Game</p> <p>2:30pm BINGO!</p> <p style="text-align: right;">3</p>	<p>Independent Leisure <u>Supplies are always available:</u> Books, Cards, Games, Word Searches, Crossword Puzzles & Coloring Pages</p> <p style="text-align: right;">4</p>							
5	<p>10:00am Dual Task Exercise Daily Devotional/Daily Chronical Card Game</p> <p>2:30pm BINGO!</p>	6	<p>10:00am Dual Task Exercise Daily Devotional/Daily Chronical Trivia</p> <p>2:30pm Game of Choice 1:1s room to room</p>	7	<p>10:00am Dual Task Exercise Daily Devotional/Daily Chronical Leisure/Snack Cart (Room to Room)</p> <p>1:00pm Resilience Group</p> <p>2:30pm Chapel Service (Gathering Space) Physical Game</p>	8	<p>10:00am Dual Task Exercise Daily Devotional/Daily Chronical Playing Family Feud</p> <p>2:30pm Movie & Popcorn 1:1s room to room</p>	9	<p>10:00am Dual Task Exercise Daily Devotional/Daily Chronical Card Game</p> <p>2:30pm BINGO!</p>	10	<p>Balloon Ball</p>	11	
<p>Manicures and Hand Massages</p>	<p>10:00am Dual Task Exercise Daily Devotional/Daily Chronical Card Game</p> <p>2:30pm BINGO!</p>	12	<p>10:00am Dual Task Exercise Daily Devotional/Daily Chronical Trivia</p> <p>2:30pm Coloring Pages/Activity Packets/Puzzles 1:1s room to room</p>	13	<p>10:00am Dual Task Exercise Daily Devotional Leisure/Snack Cart (Room to Room)</p> <p>1:00pm Resilience Group</p> <p>2:30pm Chapel Service (Gathering Space) Physical Game</p>	14	<p>10:00am Dual Task Exercise Daily Devotional/Daily Chronical Playing Scrabble</p> <p>2:30pm Movie & Popcorn 1:1s room to room</p>	15	<p>10:00am Dual Task Exercise Daily Devotional/Daily Chronical Card Game</p> <p>1:00pm Accordion Music with Mark (Rehab 1 & 2 Dining Room)</p> <p>2:30pm BINGO!</p>	16	<p>10:00am Music Entertainment with Charlie Roth (Rehab 1 & 2 Dining Room)</p>	17	18
<p>Good News & Current Events</p>	<p>Martin Luther King Jr. Day 20</p> <p>10:00am Dual Task Exercise Daily Devotional/Daily Chronical Card Game</p> <p>2:30pm BINGO!</p>	19	<p>10:00am Dual Task Exercise Daily Devotional/Daily Chronical Trivia</p> <p>2:30pm Resident Council Meeting (Residents Only) 1:1s room to room</p>	20	<p>10:00am Dual Task Exercise Daily Devotional Leisure/Snack Cart (Room to Room)</p> <p>1:00pm Resilience Group</p> <p>2:30pm Chapel Service (Gathering Space) Physical Game</p>	21	<p>10:00am Dual Task Exercise Daily Devotional/Daily Chronical Playing Yahtzee</p> <p>2:30pm Movie & Popcorn 1:1s room to room</p>	22	<p>10:30am Music Entertainment with Colby T (Rehab 1 & 2 Dining Room)</p> <p>2:30pm BINGO!</p>	23	<p>Fly Swatter Balloon Ball</p>	24	25
<p>Activity Packets & Word Games</p>	<p>10:00am Dual Task Exercise Daily Devotional/Daily Chronical Card Game</p> <p>2:30pm BINGO!</p>	26	<p>10:00am Dual Task Exercise Daily Devotional/Daily Chronical Trivia</p> <p>2:30pm Bean Bag Toss 1:1s room to room</p>	27	<p>Chinese New Year 29</p> <p>10:00am Dual Task Exercise Daily Devotional/Daily Chronical Leisure/Snack Cart (Room to Room)</p> <p>1:00pm Resilience Group</p> <p>2:30pm Chapel Service (Gathering Space) Physical Game</p>	28	<p>10:00am Dual Task Exercise Daily Devotional/Daily Chronical Playing Ring Toss</p> <p>2:30pm Movie & Popcorn 1:1s room to room</p>	29	<p>10:00am Dual Task Exercise Daily Devotional/Daily Chronical Card Game</p> <p>2:30pm BINGO!</p>	30	<p style="text-align: center;">Rochester Rehabilitation and Living Center</p> <p style="text-align: center;"></p>	31	

