

Elder Homestead // Heritage Lane

Life Enrichment Calendar

January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
GR - Gathering Room		 <p>HAPPY NEW YEAR!!!</p>	New Year's Day 1 Staff Led Activities Through IN2L	2 11:00: Morning Stretch 1:30: Animal Documentary 3:00: Family Feud 4:00: Classic Oldies	3 11:00: Musical Balloon Toss 2:00: Happy Hour GR 4:00: Country Classics	4 Staff Led Activities Through IN2L
5 Staff Led Activities Through IN2L	6 11:00: Chair Yoga 1:30: Bingo + Popcorn GR 3:00: Finish the Lyric 4:00: Hymn Sing	7 11:00: Movin' and Groovin' 2:00: Church Service GR 3:00: Dominoes 4:00: Songs of the 50's	8 11:00: Chair Exercises 2:30: Ice Cream Social GR 3:30: Table Games 4:00: Sing Along with Mary Sue	9 11:00: Morning Stretch 1:30: Nature Documentary 3:00: Family Feud 4:00: Classic Oldies	10 11:00: Musical Balloon Toss 2:00: Happy Hour GR 4:00: Country Classics	11 Staff Led Activities Through IN2L
12 Staff Led Activities Through IN2L	13 11:00: Chair Yoga 1:30: Bingo + Popcorn GR 3:00: Finish the Phrase 4:00: Songs of the Soul	14 11:00: Movin' and Groovin' 2:00: Church Service GR 3:00: Dominoes 4:00: Songs of the 60's	15 11:00: Chair Exercises 2:30: Ice Cream Social GR 3:30: Table Games 4:00: Sing Along with Suzy Q	16 11:00: Morning Stretch 1:30: Animal Documentary 3:00: Family Feud 4:00: Classic Oldies	17 11:00: Musical Balloon Toss 2:00: Happy Hour GR 4:00: Country Classics	18 Staff Led Activities Through IN2L
19 Staff Led Activities Through IN2L	Martin Luther King Jr. Day 20 11:00: Chair Yoga 1:30: Bingo + Popcorn GR 3:00: Finish the Lyric 4:00: Hymn Sing	21 11:00: Movin' and Groovin' 2:00: Church Service GR 3:00: Dominoes 4:00: Songs of the 70's	22 11:00: Chair Exercises 2:30: Ice Cream Social GR 3:30: Table Games 4:00: Sing Along with Mary Sue	23 11:00: Morning Stretch 1:30: Nature Documentary 3:00: Family Feud 4:00: Classic Oldies	24 11:00: Musical Balloon Toss 2:00: Happy Hour GR 4:00: Country Classics	25 Staff Led Activities Through IN2L
26 Staff Led Activities Through IN2L	27 11:00: Chair Yoga 1:30: Bingo + Popcorn GR 3:00: Finish the Phrase 4:00: Songs of the Soul	28 11:00: Movin' and Groovin' 2:00: Church Service GR 3:00: Dominoes 4:00: All that Jazz	Chinese New Year 29 11:00: Chair Exercises 2:30: Ice Cream Social GR 3:30: Table Games 4:00: Sing Along with Suzy Q	30 11:00: Morning Stretch 1:30: Animal Documentary 3:00: Family Feud 4:00: Classic Oldies	31 11:00: Musical Balloon Toss 2:00: Happy Hour GR 4:00: Country Classics	 <p>Elder Homestead Volunteers of America NATIONAL SERVICES</p>