Elder Homestead // Heritage Lane	
Life Enrichment Calendar	January 2025

Life Efficient Calendar			Ja	ilualy 2023	
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		New Year's Day	1 11:00: Morning Stretch	11:00: Musical Balloon Toss	Staff Led Activities
		Staff Led Activities Through IN2L	1:30: Animal Documentary	2:00: Happy Hour GR	Through IN2L
	HAPPY NEW YEAR!!!		3:00: Family Feud	4:00: Country Classics	
			4:00: Classic Oldies		
11:00: Chair Yoga	7 11:00: Movin' and Groovin'	11:00: Chair Exercises	3 11:00: Morning Stretch	10 11:00: Musical Balloon Toss	Staff Led Activities Through IN2L
1:30: Bingo + Popcorn GR	2:00: Church Service GR	2:30: Ice Cream Social GR	1:30: Nature Documentary	2:00: Happy Hour GR	THI OUGH INVEL
3:00: Finish the Lyric	3:00: Dominoes	3:30: Table Games	3:00: Family Feud	4:00: Country Classics	
4:00: Hymn Sing	4:00: Songs of the 50's	4:00: Sing Along with Mary Sue	4:00: Classic Oldies	-	
13 11:00: Chair Yoga	14:00: Movin' and Groovin'	11:00: Chair Exercises	11:00: Morning Stretch	17 11:00: Musical Balloon Toss	Staff Led Activities Through IN2L
1:30: Bingo + Popcorn GR	2:00: Church Service GR	2:30: Ice Cream Social GR	1:30: Animal Documentary	2:00: Happy Hour GR	THI OUGH INZE
3:00: Finish the Phrase	3:00: Dominoes	3:30: Table Games	3:00: Family Feud	4:00: Country Classics	
4:00: Songs of the Soul	4:00: Songs of the 60's	4:00: Sing Along with Suzy Q	4:00: Classic Oldies	-	
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11:00: Chair Yoga	11:00: Movin' and Groovin'	11:00: Chair Exercises	11:00: Morning Stretch		Staff Led Activities Through IN2L
1:30: Bingo + Popcorn GR	2:00: Church Service GR	2:30: Ice Cream Social GR	1:30: Nature Documentary	2:00: Happy Hour GR	
3:00: Finish the Lyric	3:00: Dominoes	3:30: Table Games	3:00: Family Feud	4:00: Country Classics	
4:00: Hymn Sing	4:00: Songs of the 70's	4:00: Sing Along with Mary Sue	4:00: Classic Oldies		
27 11:00: Chair Yoga	28 11:00: Movin' and Groovin'	Chinese New Year 29 11:00: Chair Exercises	30 11:00: Morning Stretch	31 11:00: Musical Balloon Toss	
1:30: Bingo + Popcorn GR	2:00: Church Service GR	2:30: Ice Cream Social GR	1:30: Animal Documentary	2:00: Happy Hour GR	Elder Homestead
3:00: Finish the Phrase	3:00: Dominoes	3:30: Table Games	3:00: Family Feud	4.00. Country Classics	Volunteers NATIONAL of America SERVICES
4:00: Songs of the Soul	4:00: All that Jazz	4:00: Sing Along with Suzy Q	4:00: Classic Oldies	4.00. Country Classics	
	Monday 11:00: Chair Yoga 1:30: Bingo + Popcorn GR 3:00: Finish the Lyric 4:00: Hymn Sing 13:00: Chair Yoga 1:30: Bingo + Popcorn GR 3:00: Finish the Phrase 4:00: Songs of the Soul Martin Luther King Jr. Day 20 11:00: Chair Yoga 1:30: Bingo + Popcorn GR 3:00: Finish the Lyric 4:00: Hymn Sing 27 11:00: Chair Yoga 1:30: Bingo + Popcorn GR 3:00: Finish the Lyric 4:00: Hymn Sing	Monday Tuesday 11:00: Chair Yoga 11:00: Movin' and Groovin' 1:30: Bingo + Popcorn GR 3:00: Finish the Lyric 4:00: Hymn Sing 13 11:00: Movin' and Groovin' 1:30: Bingo + Popcorn GR 3:00: Songs of the 50's 13 11:00: Movin' and Groovin' 1:30: Bingo + Popcorn GR 3:00: Church Service GR 3:00: Dominoes 4:00: Songs of the 60's Martin Luther King Jr. Day 20 11:00: Chair Yoga 1:30: Bingo + Popcorn GR 3:00: Church Service GR 3:00: Songs of the 60's 11:00: Movin' and Groovin' 1:30: Bingo + Popcorn GR 3:00: Church Service GR 3:00: Dominoes 4:00: Songs of the 70's 11:00: Chair Yoga 11:00: Movin' and Groovin' 2:00: Church Service GR 3:00: Dominoes 4:00: Songs of the 70's 11:00: Chair Yoga 11:00: Movin' and Groovin' 2:00: Church Service GR 3:00: Dominoes	Monday Tuesday New Year's Day Staff Led Activities Through IN2L Thro	New Year's Day	New Year's Day 11:00: Morning Stretch 11