

The Homestead at Anoka // Memory Care

Life Enrichment Calendar

January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>ALCR – Assisted Living Community Room CH – Chapel CG – Caregiver</p> <p style="color: red;">Spiritual Activities</p> <p style="color: blue;">Special Events/Visitors</p>	<p>Calendar and activities are subject to changes. Groups may be paused due to unforeseen reasons. Please call if you have any questions. #763-528-6463</p>	 <p>HAPPY NEW YEAR!!!</p>	<p>New Year's Day 1</p> <p>9:00 The Daily Perk 11:30 Trivia Time Afternoon Treat Cart 1:30 Accordion Music with Lori</p>	<p>2</p> <p>10:00 The Daily Perk / Morning Devotion 10:15 Mindful Stretches 10:30 Guitar Music with Gordy 1:30 Spiritual Sing-a-Long with Scott 2:00 Animal Talks IN2L One-on-Ones - CG 6:00 IN2L Fun with CG</p>	<p>3</p> <p>10:00 Daily Perk & Exercise 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 2:00 Movie Time Afternoon Treat Cart 3:30 Sensory Activity 6:00 IN2L Fun with CG</p>	<p>4</p> <p>The Daily Perk Morning Chats Afternoon Activity Afternoon Treat Afternoon Social with CG</p>
<p>5</p> <p>The Daily Perk Morning Chats Afternoon Activity Afternoon Treat Afternoon Social with CG</p>	<p>6</p> <p>10:00 The Daily Perk 10:15 Morning Stretches 11:30 Devotion with Chaplain Scott 2:00 Hand & Nail Care 3:00: Guitar Music with John – AL CR 6:00 IN2L Fun with CG</p>	<p>7</p> <p>9:30 Catholic Mass - CH 10:00 The Daily Perk/ Morning Devotion 10:15 Mindful Stretches 1:00 Hymn Sing with Lana 2:00 Afternoon Treat 3:00 BINGO! 6:00 IN2L Fun with CG</p>	<p>8</p> <p>10:00 The Daily Perk/ Morning Devotion 10:15 Exercise Afternoon Treat Cart 1:30 Accordion Music with Lori 3:00 Mini Pie Making 6:00 IN2L Fun with CG</p>	<p>9</p> <p>10:00 The Daily Perk / Morning Devotion 10:15 Mindful Stretches 1:30 Spiritual Sing-a-Long with Scott 2:00 Animal Talks IN2L One-on-Ones - CG 6:00 IN2L Fun with CG</p>	<p>10</p> <p>10:00 Daily Perk & Exercise 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 2:00 Movie Time Afternoon Treat Cart 3:30 Sensory Activity 6:00 IN2L Fun with CG</p>	<p>11</p> <p>The Daily Perk Morning Chats Afternoon Activity Afternoon Treat Afternoon Social with CG</p>
<p>12</p> <p>The Daily Perk Morning Chats Afternoon Activity Afternoon Treat Afternoon Social with CG</p>	<p>13</p> <p>10:00 The Daily Perk 10:15 Morning Stretches 11:30 Devotion with Chaplain Scott 1:30 Name That Tune! 3:00: Accordion Music with Hal – AL CR 6:00 IN2L Fun with CG</p>	<p>14</p> <p>9:30 Catholic Mass - CH 10:00 The Daily Perk/ Morning Devotion 10:15 Mindful Stretches 1:00 Hymn Sing with Lana 2:00 Afternoon Treat 2:00 Hand & Nail Care 3:00 BINGO! 6:00 IN2L Fun with CG</p>	<p>15</p> <p>10:00 The Daily Perk/ Morning Devotion 10:15 Exercise Afternoon Treat Cart 1:30 Reminiscing Time 3:00 Dog Visit with Lovie 6:00 IN2L Fun with CG</p>	<p>16</p> <p>10:00 The Daily Perk / Morning Devotion 10:15 Mindful Stretches 10:30 Guitar Music with Gordy 1:30 Spiritual Sing-a-Long with Scott 2:00 Animal Talks IN2L One-on-Ones - CG 6:00 IN2L Fun with CG</p>	<p>17</p> <p>10:00 Daily Perk & Exercise 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 2:00 Movie Time Afternoon Treat Cart 3:30 Sensory Activity 6:00 IN2L Fun with CG</p>	<p>18</p> <p>The Daily Perk Morning Chats Afternoon Activity Afternoon Treat Afternoon Social with CG</p>
<p>19</p> <p>The Daily Perk Morning Chats Afternoon Activity Afternoon Treat Afternoon Social with CG</p>	<p>Martin Luther King Jr. Day 20</p> <p>10:00 The Daily Perk 10:15 Morning Stretches 11:00 Hand & Nail Care 11:30 Devotion with Chaplain Scott 2:00 Hand & Nail Care 3:00: Piano Music with Brian – AL CR 6:00 IN2L Fun with CG</p>	<p>21</p> <p>9:30 Catholic Mass - CH 10:00 The Daily Perk/ Morning Devotion 10:15 Mindful Stretches 1:00 Hymn Sing with Lana 2:00 Afternoon Treat 3:00 BINGO! 6:00 IN2L Fun with CG</p>	<p>22</p> <p>10:00 The Daily Perk/ Morning Devotion 10:15 Exercise Afternoon Treat Cart 1:45 Cat Visit with Doja 2:30 Hot Cocoa and Apple Cider Party 6:00 IN2L Fun with CG</p>	<p>23</p> <p>10:00 The Daily Perk / Morning Devotion 10:15 Mindful Stretches 1:30 Spiritual Sing-a-Long with Scott 2:00 Animal Talks IN2L One-on-Ones - CG 6:00 IN2L Fun with CG</p>	<p>24</p> <p>10:00 Daily Perk & Exercise 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 2:00 Movie Time Afternoon Treat Cart 3:30 Sensory Activity 6:00 IN2L Fun with CG</p>	<p>25</p> <p>The Daily Perk Morning Chats Afternoon Activity Afternoon Treat Afternoon Social with CG</p>
<p>26</p> <p>The Daily Perk Morning Chats Afternoon Activity Afternoon Treat Afternoon Social with CG</p>	<p>27</p> <p>10:00 The Daily Perk 10:15 Morning Stretches 11:30 Devotion with Chaplain Scott 1:30 Pictionary! 3:00: Guitar Music with Mary – AL CR 6:00 IN2L Fun with CG</p>	<p>28</p> <p>9:30 Catholic Mass - CH 10:00 The Daily Perk/ Morning Devotion 10:15 Mindful Stretches 1:00 Hymn Sing with Lana 2:00 Afternoon Treat 2:00 Hand & Nail Care 3:00 BINGO! 6:00 IN2L Fun with CG</p>	<p>29</p> <p>10:00 The Daily Perk/ Morning Devotion 10:15 Exercise Afternoon Treat Cart 1:30 Reminiscing Time 3:00 Animal Trivia 6:00 IN2L Fun with CG</p>	<p>30</p> <p>10:00 The Daily Perk / Morning Devotion 10:15 Mindful Stretches 1:30 Spiritual Sing-a-Long with Scott 2:00 Animal Talks IN2L One-on-Ones - CG 6:00 IN2L Fun with CG</p>	<p>31</p> <p>10:00 Daily Perk & Exercise 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 2:00 Movie Time Afternoon Treat Cart 6:00 IN2L Fun with CG</p>	<p style="font-size: 2em; font-weight: bold; color: #0070C0;">The Homestead at Anoka</p> 