

The Homestead at Rochester The Moors Memory Care 1

Life Enrichment Calendar

October 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Each Activity is color coded to meet each one of the domains listed below:</p> <p>Physical Emotional Social Intellectual/Cognitive Spiritual Occupational</p> <p>Calendar is subject to change, please see bulletin boards and whiteboards for flyers & updates</p>	<p>CM - Community Room BL - Bistro/Lobby MD - Meditation Room (2nd Fl)</p> <p>Most activities will take place in each unit (MC1, MC2, MC3) unless noted on calendar. Scheduled activities will be done from 10:30am-11:30am Unless specified on calendar</p>	1	2	3	4	5
	<p>10:30am Exercise 11:00am Trivia</p>	<p>10:30am Exercise 11:00am Trivia</p>	<p>10:30am Exercise 11:00am Fall coloring pages & Music</p>	<p>10:30am Exercise 11:00am Alphabet Game</p>	<p>10:30am Exercise 11:00am This Day in History</p>	<p>Saturday Movie</p>
6	7	8	9	10	11	12
<p>3:00pm Midwest Bible Baptist Church Service (MR)</p>	<p>10:30am Exercise 11:00am Playing UNO</p>	<p>10:30am Exercise 11:00am Walking Group</p>	<p>10:30am Exercise 11:00am This or That</p>	<p>9:00am-1:00pm COVID/FLU Vaccine Clinic (CM) 2:00pm-3:00pm-VOTING (CM)</p>	<p>10:30am Exercise 1:30pm Harriet & Friends (CM)</p>	<p>Saturday Movie</p>
13	14	15	16	17	18	19
<p>Outside on the Patio</p>	<p>10:30am Exercise 11:00am Kick Ball</p>	<p>10:30am Exercise 11:00am Finish the Phrase</p>	<p>10:30am Exercise 11:00am Bowling 3:00pm Music Therapy (MR)</p>	<p>10:30am Exercise 11:00am Music Through the Decades</p>	<p>10:30am Exercise 11:00am Put Put Golf</p>	<p>Saturday Movie</p>
20	21	22	23	24	25	26
<p>3:00pm Midwest Bible Baptist Church Service (MR)</p>	<p>10:30am Exercise 11:00am Match the Pairs</p>	<p>10:30am Exercise 11:00am Daily Chronicles</p>	<p>10:30am Exercise 11:00am Mad Libs</p>	<p>10:30am Exercise 11:00am Fall/Halloween Craft</p>	<p>10:30am Exercise 11:00am Bean bag toss</p>	<p>Saturday Movie</p>
27	28	29	30	31		
<p>Outside on the Patio</p>	<p>10:30am Exercise 11:00am BINGO</p>	<p>10:30am Exercise 11:00am How Many Can You Name?</p>	<p>10:30am Exercise 3:00pm- HAPPY HOUR (BL)</p>	<p>Halloween 10:30am Exercise 11:00am Halloween Trivia & Facts</p>		<p>The Homestead at Rochester</p> 