## The Homestead at Rochester The Legacy Independent Living Life Enrichment Calendar October 2024

Elic Elificific Calcilaat				October 2024			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1st Floor: AR - Aerobic Room CR - Club Room DR - Dining Room EE - Exercise Equipment Room TPR - Theater TTR - Table Tennis Room	2 <sup>nd</sup> Floor: CB - Cards/Billiards Room LI - Library ORC - Orchard GP/CH - Gathering Place/Chapel  4 <sup>th</sup> Floor: GK - Garden Kitchen	9:30am Yoga (Channel 2493) 9:00am Chimers (GP/CH) 10:00am Men's Coffee (CR) 10:00am Pegs & Jokers (CB)  1:00pm Farkle (CB) 1:30pm Walmart 3:00pm Chapel with Adam Koglin (RLC) (GP/CH)	9:20am Bus to Treasure Island 9:30am Strength & Balance (AR) (TTR) 9:30am Exercise - Channel 2493 10:00am Men's Coffee (CR) 10:30am Exercise Channel 2493 1:30pm Hy-Vee Grocery 2:00pm Ladies Coffee (ORC) 6:00pm-7:30pm Cards: Euchre (CB)	9:30am Yoga - Channel 2493 10:00am Men's Coffee (CR) 10:30am Catholic Mass (GP/CH) 1:00pm Cards: Cribbage (CB) 1:00pm Mexican Train (ORC) 1:00pm ELCA- Zumbro Lutheran- Communion with Tim Rotman (GP/CH) 2:00pm Ladies Coffee (CR) 6:30pm BINGO (GP/CH)	9:30am Strength & Balance (AR) (TTR) 9:30am Exercise Channel 2493 10:00am Men's Coffee (CR) 10:30am Exercise Channel 2493 1:00pm Book Club (ORC) 1:00pm Cards: Bridge (CB) 3:30pm Happy Hour (CR)	10:00am Men's Coffee (CR)  1:00pm Saturday Movie (TPR)  Movie: The Mexican  1:00pm Cards: 500 (CB)	
11:30am Catholic Communion (GP/CH)  1:00pm Hand & Foot or Rummikub (CR)  2:00pm Sunday Social (CR)  3:00pm – Midwest Bible Baptist Church Service (GP/CH)	9:30am Strength & Balance (AR) (TTR) 9:30am Exercise (Channel 2493) 10:00am Men's Coffee (CR) 10:30am Exercise (Channel 2493) 10:30am Ladies Bible Study (GK) 1:00pm Knitting Group (ORC) 1:00-3:30pm Cards: 500 (CB) 2:00pm Ladies Bible Study (GK) 2:00-4:00pm Card Making (ORC)	9:30am Yoga (Channel 2493) 9:00am Chimers (GP/CH) 10:00am Men's Coffee (CR) 10:00am Pegs & Jokers (CB)  1:00pm Farkle (CB) 1:30pm Fareway Grocery 3:00pm Chapel & Communion Linda Helberg (Bethel Lutheran) (GP/CH)	9:30am Strength & Balance (AR) (TTR) 9:30am Exercise - Channel 2493 10:00am Men's Coffee (CR) 10:30am Exercise Channel 2493  1:30pm Hy-Vee Grocery 2:00pm Ladies Coffee (ORC)  6:00pm-7:30pm Cards: Euchre (CB)	9:30am Yoga - Channel 2493 10:00am Men's Coffee (CR) 10:30am Catholic Mass (GP/CH) 12:00pm-1:30pm VOTING (GP/CH) 1:00pm Cards: Cribbage (CB) 1:00pm Mexican Train (ORC) 2:00pm UCC Congregational (GP/CH) 2:00pm Ladies Coffee (CR) 6:30pm BINGO (GP/CH)	9:30am Strength & Balance (AR) (TTR) 9:30am Exercise Channel 2493 10:00am Men's Coffee (CR) 10:30am Exercise Channel 2493 11:00am-3:00pm FLU/COVID VACCINE CLINIC (GP/CH)  1:00pm Book Club (ORC) 1:00pm Cards: Bridge (CB) 3:30pm Happy Hour (CR)	9:00am-1:00pm- Drivers Improvement Class (GP/CH)  10:00am Men's Coffee (CR)  1:00pm Saturday Movie (TPR) Movie: A Walk to Remember  1:00pm Cards: 500 (CB)	
11:30am Catholic Communion (GP/CH) 1:00pm Hand & Foot or Rummikub (CR)	9:30am Strength & Balance (AR) (TTR) 9:30am Exercise (Channel 2493) 10:00am Men's Coffee (CR) 10:30am Exercise (Channel 2493) 10:30am Ladies Bible Study (GK)  1:00pm Knitting Group (ORC) 1:00-3:30pm Cards: 500 (CB) 2:00pm Ladies Bible Study (GK)	9:30am Yoga (Channel 2493) 9:00am Chimers (GP/CH) 10:00am Men's Coffee (CR) 10:00am Pegs & Jokers (CB)  1:00pm Farkle (CB) 1:30pm Target 2:00pm Advocacy Committee (Invite only) (CR) 3:00pm Chapel with Josh Laack— (Cal. E Free) (GP/CH)	9:30am- Ambassador Meeting (GP/CH) 9:30am Strength & Balance (AR) (TTR) 9:30am Exercise -Channel 2493 10:00am Men's Coffee (CR) 10:30am Exercise Channel 2493  1:30pm Hy-Vee Grocery 2:00pm Ladies Coffee (ORC) 3:00pm Activity Planning Meeting with Alex (GP/CH)			nestead chester unteers America®   NATIONAL SERVICES	

Featuring the Chimers

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1st Floor: AR - Aerobic Room CR - Club Room DR - Dining Room EE - Exercise Equipment Room TPR - Theater TTR - Table Tennis Room	2 <sup>nd</sup> Floor: CB - Cards/Billiards Room LI - Library ORC - Orchard GP/CH - Gathering Place/Chapel 4 <sup>th</sup> Floor: GK - Garden Kitchen			9:30am Yoga - Channel 2493 10:00am Men's Coffee (CR) 10:30am Catholic Mass (GP/CH)  1:00pm Cards: Cribbage (CB) 1:00pm Mexican Train (ORC) 2:00pm Christ United Methodist (GP/CH) 2:00pm Ladies Coffee (CR)  6:30pm BINGO (GP/CH)	9:30am Strength & Balance (AR)(TTR) 9:30am Exercise Channel 2493 10:00am Men's Coffee (CR) 10:30am Exercise Channel 2493 11:00am (Depart) Outing to Holy Spirt Catholic School for QUILT SHOW!  1:00pm Book Club (ORC) 1:00pm Cards: Bridge (CB) 2:00pm Guys, Gals & Pies (ORC) Please see Kris to sign up! 3:30pm Happy Hour (CR)	10:00am Men's Coffee (CR)  11:00am (Depart) Lunch Outing: WINONA FAMILY RESTURANT & FALL TOUR  1:00pm Saturday Movie (TPR) Movie: Life of PI  1:00pm Cards: 500 (CB)
11:30am Catholic Communion (GP/CH)  1:00pm Hand & Foot or Rummikub (CR)  2:00pm Sunday Social (CR)  3:00pm – Midwest Bible Baptist Church Service (GP/CH)	9:30am Strength & Balance (AR) (TTR) 9:30am Exercise (Channel 2493) 10:00am Men's Coffee (CR) 10:30am Exercise (Channel 2493) 1:00pm Knitting Group (ORC) 1:00-3:30pm Cards: 500 (CB)	9:30am Yoga (Channel 2493) 9:00am Chimers (GP/CH) 10:00am Men's Coffee (CR) 10:00am Pegs & Jokers (CB)  1:00pm Farkle (CB) 1:30pm Fareway Grocery 2:00pm Food Committee Meeting (CR) 3:00pm Chapel with Monte French (MRCC) (GP/CH)	9:30am Strength & Balance (AR) (TTR) 9:30am Exercise -Channel 2493 10:00am Men's Coffee (CR) 10:30am Exercise Channel 2493 1:30pm Hy-Vee Grocery 2:00pm Ladies Coffee (ORC) 6:00pm-7:30pm Cards: Euchre (CB)	9:30am Yoga - Channel 2493 10:00am Men's Coffee (CR) 10:30am Catholic Mass (GP/CH)  1:00pm Cards: Cribbage (CB) 1:00pm Mexican Train (ORC) 1:30pm Trader Jo's 1:00pm Monthly Birthday Party with Music Entertainment by Triple Berry Pie (GP/CH) 3:00pm ALL RESIDENT MEETING (GP/CH) 6:30pm BINGO (GP/CH)	9:30am Strength & Balance (AR) (TTR) 9:30am Exercise Channel 2493 10:00am Men's Coffee (CR) 10:30am Exercise Channel 2493 1:00pm Book Club (ORC) 1:00pm Cards: Bridge (CB) 3:30pm Happy Hour (CR)	10:00am Men's Coffee (CR)  1:00pm Saturday Movie (TPR)  Movie: Walk the Line  1:00pm Cards: 500 (CB)
11:30am Catholic Communion (GP/CH) 1:00pm Hand & Foot or Rummikub (CR)	9:30am Strength & Balance (AR) (TTR) 9:30am Exercise (Channel 2493) 10:00am Men's Coffee (CR) 10:30am Exercise (Channel 2493) 10:30am Gloria Dei Huddle (ORC) 1:00pm Knitting Group (ORC) 1:00-3:30pm Cards: 500 (CB)	9:30am Yoga (Channel 2493) 9:0am Chimers (GP/CH) 10:00am Men's Coffee (CR) 10:00am Pegs & Jokers (CB)  1:00pm Farkle (CB) 1:30pm ALDI 3:00pm Chapel with Glenn Monson (Mt. Olive Lutheran) (GP/CH)	9:30am Strength & Balance (AR) (TTR) 9:30am Exercise -Channel 2493 10:00am Men's Coffee (CR) 10:30am Exercise Channel 2493 1:30pm Hy-Vee Grocery 2:00pm Ladies Coffee (ORC) 4:30pm-7:00pm COOKIES, COFFEE & COCO HALLOWEEN SOCIAL (GP/CH) 6:00pm-7:30pm Cards: Euchre (CB)	9:30am Yoga - Channel 2493 10:00am Men's Coffee (CR) 10:30am Catholic Mass (GP/CH) 1:00pm Cards: Cribbage (CB) 1:00pm Mexican Train (ORC) 6:30pm BINGO (GP/CH)		nestead chester unteers America®   NATIONAL SERVICES