

The Homestead at Anoka // Memory Care

Life Enrichment Calendar

October 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>ALCR – Assisted Living Community Room CH – Chapel CG – Caregiver</p> <p>Spiritual Activities Special Events/Visitors</p>	<p>Calendar and activities are subject to changes. Groups may be paused. Due to unforeseen reasons. Please contact Kara if you have any questions. #763-528-6463</p>	<p>1</p> <p>9:30 Catholic Mass - CH 9:45 The Daily Perk 10:00 Mindful Stretches 10:30 Floor Hockey 11:00 Morning Devotion 1:00 Hymn Sing with Lana 2:00 Afternoon Treat 3:00 BINGO - ALCR 6:00 IN2L Fun with CG</p>	<p>2</p> <p>Beauty Salon Closed</p> <p>9:45 The Daily Perk 10:00 Fall Crafts 10:30 Exercise Patio Time 11:00 Morning Devotion 1:00 Rhythm and Music 1:30 Zion Holy Communion - CH Afternoon Treat Cart 3:00 Drumming</p>	<p>3</p> <p>Jill's Healthy Foot Care</p> <p>9:45 The Daily Perk 10:00 Mindful Stretches 10:30 Rhythm Band 11:30 Morning Devotion 1:00 Spiritual Sing-a-Long with Scott 2:00 Animal Talks IN2L One-on-Ones - CG 6:00 IN2L Fun with CG</p>	<p>4</p> <p>9:45 Daily Perk & Exercise 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 1:00 Active Game Afternoon Treat Cart Patio Time 3:30 Sensory Activity 6:00 IN2L Fun with CG</p>	<p>5</p> <p>The Daily Perk Morning Chats Afternoon Activity Afternoon Treat Afternoon Social with CG</p>
<p>6</p> <p>The Daily Perk Morning Chats 12:00 Vikings at NY Giants (FOX) Afternoon Activity Afternoon Treat Afternoon Social with CG</p>	<p>7</p> <p>9:45 The Daily Perk 10:00 Morning Stretches 11:00 Hand & Nail Care Patio Time 11:30 Devotion with Chaplain Scott 1:00 Axe Throwing 2:30 Patio Chats 3:00 Guitar Music with Tony- ALCR 6:00 IN2L Fun with CG</p>	<p>8</p> <p>9:30 Catholic Mass - CH 9:45 The Daily Perk 10:00 Mindful Stretches 10:30 Benji Dog Visits! 11:30 Morning Devotion 1:00 Hymn Sing with Lana 2:00 Afternoon Treat 3:00 BINGO - ALCR 6:00 IN2L Fun with CG</p>	<p>9</p> <p>Beauty Salon</p> <p>9:45 The Daily Perk 10:00 Craft Fun 10:30 Exercise Patio Time 11:00 Morning Devotion 1:00 Accordion Music with Lori Afternoon Treat Cart 3:00 Bowling 6:00 IN2L Fun with CG</p>	<p>10</p> <p>9:45 The Daily Perk 10:00 Mindful Stretches 10:30 Rhythm Band 11:30 Morning Devotion 1:00 Spiritual Sing-a-Long with Scott 2:00 Animal Talks IN2L One-on-Ones - CG 6:00 IN2L Fun with CG</p>	<p>11</p> <p>9:45 Daily Perk & Exercise 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 1:00 Active Game Afternoon Treat Cart Patio Time 3:30 Sensory Activity 6:00 IN2L Fun with CG</p>	<p>12</p> <p>The Daily Perk Morning Chats Afternoon Activity Afternoon Treat Afternoon Social with CG</p>
<p>13</p> <p>The Daily Perk Morning Chats 12:00 Vikings vs San Francisco (CBS) Afternoon Activity Afternoon Treat Afternoon Social with CG</p>	<p>14</p> <p>9:45 The Daily Perk 10:00 Morning Stretches 11:00 Hand & Nail Care Patio Time 11:30 Devotion with Chaplain Scott 1:00 Ball Toss 2:30 Patio Chats 3:00 Guitar Music with Mary- ALCR 6:00 IN2L Fun with CG</p>	<p>15</p> <p>9:30 Catholic Mass - CH 9:45 The Daily Perk 10:00 Mindful Stretches 10:30 Floor Hockey 11:00 Morning Devotion 1:00 Hymn Sing with Lana 2:00 Afternoon Treat 3:00 BINGO - ALCR 6:00 IN2L Fun with CG</p>	<p>16</p> <p>Beauty Salon</p> <p>9:45 The Daily Perk 10:00 Bread Making Patio Time 11:00 Morning Devotion 1:00 Trivia Time 2:00 Rhythm and Music Afternoon Treat Cart 3:00 Drumming 6:00 IN2L Fun with CG</p>	<p>17</p> <p>9:30 Larry's Art-4-All 9:45 The Daily Perk 10:00 Mindful Stretches 10:30 Guitar Music with Gordy 11:30 Morning Devotion 1:00 Spiritual Sing-a-Long with Scott 2:00 Animal Talks IN2L One-on-Ones - CG 6:00 IN2L Fun with CG</p>	<p>18</p> <p>9:45 Daily Perk & Exercise 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 1:00 Active Game Afternoon Treat Cart 3:30 Sensory Activity 6:00 IN2L Fun with CG</p>	<p>19</p> <p>The Daily Perk Morning Chats Afternoon Activity Afternoon Treat Afternoon Social with CG</p>
<p>20</p> <p>The Daily Perk Morning Chats 12:00 Vikings vs Houston (CBS) Afternoon Activity Afternoon Treat Afternoon Social with CG</p>	<p>21</p> <p>9:45 The Daily Perk 10:00 Morning Stretches 11:00 Hand & Nail Care 11:30 Devotion with Chaplain Scott 1:00 Axe Throwing 2:30 Patio Chats 3:00 Guitar Music-Loretta&Curtis-ALCR 6:00 IN2L Fun with CG</p>	<p>22</p> <p>9:30 Catholic Mass - CH 9:45 The Daily Perk 10:00 Mindful Stretches 10:30 Floor Hockey 11:00 Morning Devotion 1:00 Hymn Sing with Lana 2:00 Afternoon Treat 3:00 BINGO - ALCR 6:00 IN2L Fun with CG</p>	<p>23</p> <p>Beauty Salon</p> <p>9:45 The Daily Perk 10:00 Exercise Patio Time 10:30 Bubble Time 11:00 Morning Devotion 1:00 Accordion Music with Lori Afternoon Treat Cart 3:00 Gourd Craft 6:00 IN2L Fun with CG</p>	<p>24</p> <p>Jill's Healthy Foot Care</p> <p>9:45 The Daily Perk 10:00 Mindful Stretches 10:30 Rhythm Band 11:30 Morning Devotion 1:00 Spiritual Sing-a-Long with Scott 2:00 Animal Talks IN2L One-on-Ones - CG 6:00 IN2L Fun with CG</p>	<p>25</p> <p>9:45 Daily Perk & Exercise 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 1:00 Active Game Afternoon Treat Cart Patio Time 3:30 Baking Cookies 6:00 IN2L Fun with CG</p>	<p>26</p> <p>The Daily Perk Morning Chats Afternoon Activity 1:00 Grande Day Halloween Parade Downtown Anoka Afternoon Treat Afternoon Social with CG</p>
<p>27</p> <p>The Daily Perk Morning Chats 12:00 Vikings at Green Bay (CBS) Afternoon Activity Afternoon Treat Afternoon Social with CG</p>	<p>28</p> <p>9:45 The Daily Perk 10:00 Morning Stretches 11:00 Hand & Nail Care 11:30 Devotion with Chaplain Scott 1:00 Ball Toss 2:30 Patio Chats 1:00 Magic Show Entertainment with Markus - AL CR</p>	<p>29</p> <p>9:30 Catholic Mass - CH 9:45 The Daily Perk 10:00 Mindful Stretches 10:30 Floor Hockey 11:00 Morning Devotion 1:00 Hymn Sing with Lana 2:00 Afternoon Treat 3:00 BINGO - ALCR 6:00 IN2L Fun with CG</p>	<p>30</p> <p>Beauty Salon</p> <p>9:45 The Daily Perk 10:00 Exercise Patio Time 10:30 Bubble Time 11:00 Morning Devotion Afternoon Treat Cart 3:00 Bowling 6:00 IN2L Fun with CG</p>	<p>31</p> <p>All Hallows Eve</p> <p>9:45 The Daily Perk 10:00 Mindful Stretches 10:30 Rhythm Band 11:30 Morning Devotion 1:00 Spiritual Sing-a-Long with Scott 2:00 Halloween Movie! One-on-Ones - CG 6:00 IN2L Fun with CG</p>	<p style="font-size: 2em; font-weight: bold; color: #0070C0;">The Homestead at Anoka</p> <p style="font-size: 0.8em;">Volunteers of America NATIONAL SERVICES</p>	