



The Homestead at Anoka // Memory Care

Life Enrichment Calendar

August 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Calendar and activities are subject to changes. Groups may be paused. Due to unforeseen reasons. Please contact Kara if you have any questions. #763-528-6463	ALCR – Assisted Living Community Room CH – Chapel CG – Caregiver Spiritual Activities		1 9:45 The Daily Perk 10:00 Mindful Stretches 10:30 Rhythm Band 11:30 Morning Devotion 1:00 Spiritual Sing-a-Long with Scott 2:00 Animal Talks IN2L One-on-Ones - CG 6:00 IN2L Fun with CG	2 9:45 Daily Perk & Exercise 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 1:00 Active Game Afternoon Treat Cart Patio Time 3:30 Sensory Activity 6:00 IN2L Fun with CG	3 The Daily Perk Morning Chats Afternoon Activity Afternoon Treat Afternoon Social with CG
4	5	6	7	8	9	10
The Daily Perk Morning Chats Afternoon Activity Afternoon Treat Afternoon Social with CG	9:45 The Daily Perk 10:00 Morning Stretches 11:00 Hand & Nail Care Patio Time 11:30 Devotion with Chaplain Scott 1:00 Dice Game 2:30 Patio Chats 3:00 Guitar Music with Gordy - ALCR 6:00 IN2L Fun with CG	9:30 Catholic Mass - CH 9:45 The Daily Perk 10:00 Mindful Stretches 10:30 Parachute Fun 11:00 Morning Devotion 1:00 Hymn Sing with Lana 2:00 Afternoon Treat 3:00 BINGO - ALCR 6:00 IN2L Fun with CG	Beauty Salon 9:45 The Daily Perk 10:00 August Crafts 10:30 Exercise Patio Time 11:00 Morning Devotion 1:00 Rhythm and Music 1:30 Zion Holy Communion - CH Afternoon Treat Cart 3:00 Bowling 6:00 IN2L Fun with CG	Jill's Healthy Foot Care 9:45 The Daily Perk 10:00 Mindful Stretches 10:30 Rhythm Band 11:30 Morning Devotion 1:00 Spiritual Sing-a-Long with Scott 2:00 Animal Talks IN2L One-on-Ones - CG 6:00 IN2L Fun with CG	9:45 Daily Perk & Exercise 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 1:00 Active Game Afternoon Treat Cart Patio Time 3:30 Sensory Activity 6:00 IN2L Fun with CG	The Daily Perk Morning Chats Afternoon Activity Afternoon Treat Afternoon Social with CG
11	12	13	14	15	16	17
The Daily Perk Morning Chats Afternoon Activity Afternoon Treat Afternoon Social with CG	9:45 The Daily Perk 10:00 Morning Stretches 11:00 Hand & Nail Care Patio Time 11:30 Devotion with Chaplain Scott 1:00 Dice Game 2:30 Patio Chats 3:00 Guitar Music with Bill Mann - ALCR 6:00 IN2L Fun with CG	9:30 Catholic Mass - CH 9:45 The Daily Perk 10:00 Mindful Stretches 10:30 Benji Dog Visits! 11:00 Morning Devotion 1:00 Hymn Sing with Lana 2:00 Afternoon Treat 3:00 BINGO - ALCR 6:00 IN2L Fun with CG	Beauty Salon 9:45 The Daily Perk 10:00 Craft Fun 10:30 Exercise Patio Time 11:00 Morning Devotion 1:00 Accordion Music with Lori Afternoon Treat Cart 3:00 Bowling 6:00 IN2L Fun with CG	9:30 Larry's Art-4-All 9:45 The Daily Perk 10:00 Mindful Stretches 10:30 Guitar Music with Gordy 11:30 Morning Devotion 1:00-4:00 The Great Homestead Get-together! Music, Food & Fair Time Fun! 6:00 IN2L Fun with CG	9:45 Daily Perk & Exercise 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 1:00 Active Game Afternoon Treat Cart 1:00 – 4:00 Llama Visits! 3:30 Sensory Activity 6:00 IN2L Fun with CG	The Daily Perk Morning Chats Afternoon Activity Afternoon Treat Afternoon Social with CG
18	19	20	21	22	23	24
The Daily Perk Morning Chats Afternoon Activity Afternoon Treat Afternoon Social with CG 2:00 Children's Piano Recital on Grand Piano in IL FP	9:45 The Daily Perk 10:00 Morning Stretches 11:00 Hand & Nail Care Patio Time 11:30 Devotion with Chaplain Scott 1:00 Dice Game 2:30 Patio Chats 3:00 Guitar Music w/ Tim Meyer - ALCR 6:00 IN2L Fun with CG	9:30 Catholic Mass - CH 9:45 The Daily Perk 10:00 Mindful Stretches 10:30 Parachute Fun 11:00 Morning Devotion 1:00 Hymn Sing with Lana 2:00 Afternoon Treat 3:00 BINGO - ALCR 6:00 IN2L Fun with CG	Beauty Salon 9:45 The Daily Perk 10:00 Bread Making Patio Time 11:00 Morning Devotion 1:00 Trivia Time 2:00 Rhythm and Music Afternoon Treat Cart 3:00 Bowling 6:00 IN2L Fun with CG	Jill's Healthy Foot Care 9:45 The Daily Perk 10:00 Mindful Stretches 10:30 Rhythm Band 11:30 Morning Devotion 1:00 Spiritual Sing-a-Long with Scott 2:00 Animal Talks IN2L One-on-Ones - CG 6:00 IN2L Fun with CG	9:00-12:00 Car Show - AL Parking Lot 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 1:00 Active Game Afternoon Treat Cart Patio Time 3:30 Sensory Activity 6:00 IN2L Fun with CG	The Daily Perk Morning Chats Afternoon Activity Afternoon Treat Afternoon Social with CG
25	26	27	28	29	30	31
The Daily Perk Morning Chats Afternoon Activity Afternoon Treat Afternoon Social with CG	9:45 The Daily Perk 10:00 Morning Stretches 11:00 Hand & Nail Care Patio Time 11:30 Devotion with Chaplain Scott 1:00 Dice Game 2:30 Patio Chats 3:00 Music w/ Snow on the Roof - ALCR 6:00 IN2L Fun with CG	9:30 Catholic Mass - CH 9:45 The Daily Perk 10:00 Mindful Stretches 10:30 Parachute Fun 11:00 Morning Devotion 1:00 Hymn Sing with Lana 2:00 Afternoon Treat 3:00 BINGO - ALCR 6:00 IN2L Fun with CG	Beauty Salon 9:45 The Daily Perk 10:00 Exercise Patio Time 10:30 Green Thumb Group 11:00 Morning Devotion 1:00 Accordion Music with Lori Afternoon Treat Cart 3:00 Bowling 6:00 IN2L Fun with CG	9:45 The Daily Perk 10:00 Mindful Stretches 10:30 Rhythm Band 11:30 Morning Devotion 1:00 Spiritual Sing-a-Long with Scott 2:00 Animal Talks IN2L One-on-Ones - CG 6:00 IN2L Fun with CG	9:45 Daily Perk & Exercise 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 1:00 Active Game Afternoon Treat Cart Patio Time 3:30 Sensory Activity 6:00 IN2L Fun with CG	The Daily Perk Morning Chats Afternoon Activity Afternoon Treat Afternoon Social with CG